

# Student Life

The independent newspaper of Washington University in St. Louis since 1878

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**GOODBYE 2019**  
A farewell to the nostalgia-inducing pop culture icons of the decade (Cadenza, pg 4)



**HOT STREAK**  
Defense on display as Bears win fifth in a row, have best start since 2012 (Sports, pg 6)



**GREEN BUILDINGS**  
Learn more about the University's 21 LEED-certified buildings (Scene, pg 9)

## Title Mine proposes new initiatives to administration

# TITLE MINE'S

PROPOSALS TO  
CHANCELLOR ANDREW MARTIN

Hold sexual violence programming, such as "The Date" and "Rewind Blurred Lines," to standards as rigorous as academic ones

Accountability mechanisms to ensure professors equally respect all accommodations

Expand mental health services and hire counselors from underrepresented backgrounds to increase the current counselor-to-student ratio, which is approximately 1:1,100

Required training on compassionate student engagement for all mandatory reporters

GRAPHIC BY MIA GOLDBERG

**DANIELLE DRAKE-FLAM**  
MANAGING EDITOR

Title Mine presented five proposals relating to the Title IX office and survivor support systems on campus to Chancellor Andrew Martin Nov. 23.

Title Mine's proposals included required trainings for mandatory reporters, standardizing professors' responses to accommodations, improving sexual violence prevention programming, expanding of mental health services and publishing a logistical and informational guide in the University's Title IX Office.

Through the implementation of these new initiatives, faculty and staff at the University would be required to go through trauma informed training, which, according to President of Title Mine junior Candace Hayes, they are not currently required to do.

"That has a lot to do with the fact that we haven't quite figured out mechanisms of accountability for

tenured professors. For new hires and new faculty and staff, under the Division of Student Affairs, Dr. [Lori] White has some weight there that she can pull with them to have the faculty under her purview trained," Hayes said. "But unfortunately, the majority of mandatory reporters on our campus aren't effectively trained on how to respond to that."

Title Mine has been meeting with administrators since they were established on campus in the spring of 2018. Due to reported mishandlings, many students say that they have lost trust in the administration. Title Mine has been working with the Director of the Relationship and Sexual Violence Prevention Center (R.S.V.P) Center Kim Webb, the Sexual Assault and Rape Anonymous Helpline (S.A.R.A.H), Leaders in Interpersonal Violence Education (L.I.V.E) and Director of the Title IX Office Jessica Kennedy to address these concerns.

"When you add in trauma and being a survivor on top of that, how do we go about adequately meeting their needs and making sure that they can trust and then administration and in the institutions like adequately respond?" Hayes said. "And then what do we do when these resources have failed those students, and then they don't feel empowered to name that negative experience?"

Hayes said that one of the biggest challenges surrounding Title Mine this year has been the uncertainty of when Betsy DeVos will release the federal Title IX regulations, since the regulations will impact the campus community and other universities across the nation.

"And there's no set deadline of when those regulations will be coming out," Hayes said. "Honestly, we wouldn't be surprised if that bomb got dropped over winter break, because that's what happened last year with the initial release of the new regulations."

According to Hayes, the problem with the regulations being released over the holidays is that students are less inclined to pay attention to what is happening in the news and are less likely to stay informed.

"Students wanted to distance themselves from negative experiences that have happened on campus [and] both physically and mentally be separated," Hayes said.

Title Mine plans to meet with Vice Chancellor for Student Affairs Lori White Dec. 10. White wrote in a statement to Student Life that she looks forward to this meeting.

"Chancellor Martin and I both appreciate the opportunity to spend some time with our students who have been leading the Title Mine efforts," White wrote. "It always is helpful to talk about our shared commitment to continually strengthening the University's approach on these issues."

SEE TITLE MINE, PAGE 3

## Student petition calls for resignation of five SU members

NEWS EDITORS

Over 100 students have signed a petition calling for the resignation of Student Union officers Vice President of Programming junior Charlotte Pohl, Treasury representatives sophomores Fadel Alkilani and Jake Sassmannshausen, Speaker of the Senate Steven Kish and Speaker of the Treasury Alexa Jochims for engaging in "anti-Black activity" by contributing to former Election Commissioner junior Randal Walker's resignation.

According to the SU Constitution, if the petition, penned by junior Tishya Carey, garners signatures from at least 2% of the student body, which is around 150 people, Constitutional Council will review the document and determine a mechanism for an SU vote on the recall if they deem its claims valid.

SU, which controls the multimillion dollar student activities fund, has been embroiled in conflict since its fall elections, in which a technical error prevented Pohl from voting in the SU elections, Nov. 5. Pohl submitted an interpretation request to Constitutional Council to recall Walker that Wednesday. Walker then released the election results Friday, against the urging of Constitutional Council. Constitutional Council unanimously approved Pohl's request to recall Walker.

After a split executive vote failed to recall Walker, Alkilani presented articles of impeachment against Walker in a joint legislative session of SU for "incongruence with the Constitution." Walker was impeached by an almost unanimous vote and resigned the next day.

SEE PETITION, PAGE 3

## WU/FUSED and SU join forces, develop need-blind report

**OLIVIA SZYMANSKI**  
SENIOR EDITOR

In the wake of Chancellor Andrew Martin's announcement of a need-blind admissions goal, Washington University for Undergraduate Socioeconomic Diversity, Student Union and the Roosevelt Initiative collaborated to develop a need-blind report that was sent to the administration, Nov. 22.

The report analyses financial data from both Washington University and similar universities, and outlines recommendations to the administration on the path to becoming need-blind. The creators of the document have asked administrators for feedback within two weeks.

"We have evidence of our peer institutions and how they became need-blind and then understanding how the cost would affect Wash. U. and why we can afford this," WU/FUSED member junior Sasha Chapnick-Sorokin said. "It's really just kind of a set of data that helps to back up why we think need-blind initiatives are so important for Wash. U."

Earlier this year, WU/FUSED—a student organization that advocates for socioeconomic diversity—released a survey about student opinion on the University going need-blind. SU then

reached out to the WU/FUSED about the possibility of creating a report.

"We reached out to see if maybe they would be interested in co-writing, or just themselves writing, a report, since we've had some success around writing reports and presenting those to administrators," junior and Senator Sophie Scott said.

The report was also a collaboration with the Roosevelt Institute, another organization focused on socioeconomic diversity. Together, these groups met and discussed what the report should look like.

"We [worked] with SU, which was definitely a very influential and helpful voice for the student body on campus, and [the Roosevelt Institute]," Cook said. "By working with these other groups we hope to garner more interest and gain more momentum in this need-blind initiative."

"I think part of Senate's mission is to advocate for the needs and interests for all students," Scott said. "Students have made it abundantly clear that they want this as soon as possible."

WU/FUSED has been a long-time advocate of need-blind admissions, but according to Cook, the chancellor's announcement propelled the creation of this document.

"[With] Chancellor Martin's

announcement earlier in the semester, we found this to be an optimal time to really start working on solidifying a document to reach administrators through this sort of catalyst of the chancellor's understanding that it's important to make Wash. U. need-blind," Cook said.

Scott said the report is divided into multiple sections: data on student perceptions from the WU/FUSED survey, data on peer institutions, data on the University's finances, projections on how much it would cost the University and recommendations to the administration.

Out of all the data laid out in the report, Chapnick-Sorokin is most passionate about the recommendations to administrators.

"I think that all of us would agree that the most important part is our recommendations," she said. "It has been really cool to [create], because we had to make sure that we had the research to back up why we were recommending what we were recommending."

One recommendation is for the chancellor to convene a working group to analyze when the University could go need-blind.

"We're requesting that one or two students be able to sit on this working group with administrators to provide



GRACE BRUTON | STUDENT LIFE

WU/FUSED rallies for need-blind admissions in April. WU/FUSED, SU and the Roosevelt Initiative recently developed a need-blind report for administrators.

"We just want to make sure that they are centering the student voice, [and] that this decision is based off of knowing that this is one of students' top priorities right now for Wash. U.," Chapnick-Sorokin said.

"One thing is we hope to continue to have conversations about the importance of need-blind with administrators and the student body. As a result of those conversations, we hope to see tangible change," Cook said. "We hope that this report doesn't just sit on the back burner, but that it's really something that urges administrators to make an institutional change for the betterment of students here, now and in the future."

CONTACT BY POST  
ONE BROOKINGS DRIVE #1039  
#320 DANFORTH UNIVERSITY CENTER  
ST. LOUIS, MO 63130-4899

CONTACT BY EMAIL  
EDITOR@STUDLIFE.COM  
NEWS@STUDLIFE.COM  
CALENDAR@STUDLIFE.COM

CONTACT BY PHONE  
NEWSROOM 314.935.5995  
ADVERTISING 314.935.4240  
FAX 314.935.5938





# theFLIPSIDE

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59/43

FRI 6  
PARTLY CLOUDY  
45/27

SAT 7  
MOSTLY SUNNY  
48/38

SUN 8  
CLOUDY  
55/46

## EVENT CALENDAR

### THURSDAY 5

#### New Perspectives Talk: 'Suggestion and Spirituality in Symbolist Prints'

*Mildred Lane Kemper Art Museum, Museum Study Room (104), 5:30 p.m.*

Kirsten Marples, doctoral candidate in the Department of Art History and Archaeology in Arts & Sciences, will consider the ways in which French symbolist artists Odilon Redon and Paul Gauguin united evocative content and innovative technique in their shared aim of suggestive expression. Free and open to the public.

#### Faculty Startup Celebration: Welcome to the Wall

*Office of Technology Management, Suite 110, 4 p.m.*

A celebration to welcome new faculty startup companies.

### FRIDAY 6

#### Exhibition: 'Parabola: Extraterrestrial'

*Des Lee Gallery, 6 p.m.*

The Des Lee Gallery and the Graduate Arts Organization present "Parabola: Extraterrestrial," an exhibition that seeks to celebrate interdisciplinary collaboration across all fields of graduate study at Wash. U. and unite individuals across disciplines and differences, with the intention of leading conversations that explore identity in our community. Expanding thought and questioning preconceptions, graduate students explore new modes of thinking, generally expanding upon and challenging assumptions of the originating, the existing or the occurring, in or outside the earth or its atmosphere. The work is contextualized through these themes and provides a lens through which we understand alternative realities. The opening reception will take place from 6-9 p.m., Friday, Dec. 6. The gallery will also be open 1-6 p.m. on Saturday, Dec. 7.

#### Annual Display of Rare Anatomical Texts

*Bernard Becker Medical Library, King Center, 1 p.m.*

A unique opportunity to see a selection of spectacular medical works dating from the Renaissance to the 20th century up close. Some highlights of the specimens that will be on display include: first and second editions of Andreas Vesalius' landmark work "De humani corporis fabrica," which is credited as being the foundation of modern anatomy; Govard Bidloo's "Ontleding des menschelyken lichaams," known for the harsh sense of realism it brought to illustrating the process of dissection; and Siegfried Albinus' massive "Tabulae sceleti et musculorum corporis humani," with its illustrations of skeletons and skinned musclemen posing against elaborate backgrounds. This event is free and open to the public.

### SATURDAY 7

#### Panel Discussion: 'When We Talk to Each Other'

*Mildred Lane Kemper Art Museum, 5 p.m.*

This event takes as its point of departure the visualizations artist Ai Weiwei has created of contemporary refugees and their sociopolitical contexts through his artworks and films. Local refugees will join in this conversation to begin a dialogue of learning and sharing across different communities and cultures. Please join Lindsay Stark, associate professor of social work and public health at the Brown School; Diego Abente, Ahmad Farid Barekzai and Nadya Kanim of the International Institute of St. Louis; and Sabine Eckmann, William T. Kemper director and chief curator, for a participatory and reflective discussion. Free and open to the public. Please register on the Kemper website.

#### Dance Theatre presents 'Coalescence'

*Edison Theatre, 8 p.m.*

The art of dance has historically been highly differentiated, with nation, culture, ethnicity, gender and class informing distinctions of genre. Over time, however, dance artists from all over the world have challenged such categories. Spaces where dance happens are also the places where we meet, connect, share and integrate our diverse human experience and tell our stories. Making dance requires people to collaborate on a live work of art. This process culminates when a yet wider community of people gather together to witness the live performance. Please join the dance artists of the PAD as we coalesce—to "grow together"—through shared experience of human movement. This annual showcase features diverse work by resident and guest choreographers performed by select student dancers of the Performing Arts Department. This is a ticketed event.

### SUNDAY 8

#### James McKelvey Sr. Memorial Service

*Graham Chapel, 3 p.m.*

James M. McKelvey Sr., dean of the School of Engineering at Washington University in St. Louis from 1964 to 1991, died Wednesday, Nov. 13, 2019. He was 94. McKelvey was instrumental in transforming the school, renamed the James McKelvey School of Engineering in January 2019, from a regional program to a nationally recognized research institution throughout his tenure as dean. All are welcome to attend.

## Vice chancellor for public affairs to leave WU after fall semester

**TED MOSKAL**  
NEWS EDITOR

Vice Chancellor for Public Affairs Jill Friedman will leave her position at Washington University, Dec. 31.

After Friedman joined Washington University in 2012, she spent the next seven and a half years building the University's brand through working on a variety of initiatives, including the 2016 Presidential Debate, the Leading Together fundraising campaign and Chancellor Martin's transition. In 2015, Friedman also coordinated the University's public response to the unrest in Ferguson, which earned the University a Silver Anvil Award from the Public Relations Society of America.

Friedman credits many of these accomplishments during her time at the University to the work of her team at the Office of Public Affairs.

"The team has just done exceptional work over the years...especially through our thought leadership and scholarship and just the absolutely strikingly beautiful and compelling presentation of the university narrative through web, Wash. U. media, photography, video, creative and written word," Friedman said.

Associate Vice Chancellor for Student Affairs and Dean of Students Rob Wild commended Friedman for managing to coordinate the many different departments and offices within the University.

"What's always a challenge for anybody in that role

at a university like Wash. U. is that we are so decentralized and she has to basically be a sales person to convince every dean, every department head, everybody who thinks they want to make their own office have its own message," Wild said. "[It] is very serious because when you're not on brand you look really sloppy as a university to the outside world."

Associate Dean of Academic Planning and Strategic Initiatives Ebba Segerberg, who frequently works with Friedman, agreed that interdepartmental collaboration has been a major priority for Friedman during her time at the University.

"As someone based in Arts & Sciences, one of the things I have valued is the fact that she has encouraged an ethos of collaboration across the different schools, both in how we relate to Public Affairs and to each other," Segerberg wrote in a statement to Student Life. "I think I collaborate more closely now with some of my colleagues in other schools than I would have if she hadn't prioritized building those relationships."

After the "capstone" of Martin's inauguration in October, Friedman felt confident enough in the University's path going forward to leave her position and move on to something new.

"This was the right time for a change for me, and I was very committed to staying through the entirety of Chancellor Martin's transition," Friedman said. "And this is just a really appropriate time to think about my next step and to make room for a strong leader at public

affairs."

Friedman has no concrete plans for work after leaving the University, but hopes to find time to rest before moving on to new employment.

"Well, the first thing I'm going to do is take a little bit of time to recharge my battery," Friedman said. "I have no doubt that the next step will continue to involve mission-oriented work that is something that is inspiring and important to me."

Associate Vice Chancellor for University Communications Julie Hail Flory will serve as interim vice chancellor for public affairs while a search committee examines possible candidates to fill Friedman's position. Regardless of the committee's decision, Friedman is confident that she will leave behind a strong team at the Office of Public Affairs.

"She has recruited a lot of talented people over the years," Segerberg wrote. "Public Affairs was already a strong operation when she took over, but she has been a great steward of that talent and leaves an excellent team of people in place."

Friedman hopes that the candidate chosen by the search committee will continue building a top-notch team, and offered some advice to her future successor.

"Wake up every morning as I have, inspired by this incredible place and this incredible team," Friedman said. "Lean into the strengths at public affairs, challenge the team to continue to grow and do great work, have confidence in them and lead by example."

## Ibby's adopts new online system, brings back table reservations

**NOAH SLAUGHTER**  
STAFF REPORTER

Following customer demand for the ability to set aside tables in advance, Ibby's began accepting reservations Dec. 3, the first time since the 2018-19 school year.

The restaurant stopped using the Yelp-based No Wait system that it had used in the previous year, which let customers join the waitlist for a table ahead of time but did not allow reservations.

The new system, Open Table, gives diners the option to either join the waitlist, like they could through No Wait, or make a reservation in advance. Operations Manager at the Danforth University Center Dining Services Ivy Magruder hopes the new method for

getting a spot in the restaurant will appeal to a larger range of customers than No Wait did by giving customers an opportunity to plan ahead and secure a table.

"This was clamoring from our guests," Magruder said. "They wanted a platform like this. It may seem overnight, but there was a lot of research that went into it and a lot of 'We hear you' and 'We want to make your guest experience better.'"

Magruder hopes that the new system will effectively combine both methods of getting a table.

"It truly is the best of both worlds," Magruder said. "Before, when it was so strict and reservations only, there was no flexibility or fluidity to it, so that's why we switched to [No Wait], but now that they've got

[Open Table], it allows us to do both."

Open Table is a popular app for restaurants around the country, so many students and faculty members already have the app downloaded on their phones, which was one of the main reasons for selecting Open Table as the reservation platform.

"There's a comfort factor, so I'm really encouraged by that," Magruder said. "I already have the app on my phone, we heard a lot of that. That's what Open Table allows us to do: ease for the guest."

According to Magruder, Open Table will also integrate the restaurant's Point of Sale system with the reservation process.

SEE **IBBY'S**, PAGE 3

# IT'S HAPPENING

## MARCH 5, 2020





## IBBY'S from page 2

Customers will have a more accurate estimate of wait times and table availabilities based on when diners in the restaurant pay, whereas wait times with No Wait had less precise windows.

“This will give you more real-time information, so it’s a really smooth system,” Magruder said.

Marketing Manager for Dining Services Brittni Walters, who worked to spread the word about the change by sending out email notifications, creating signs and updating Ibbby’s website,

said she was pleased with the system’s roll-out online.

“The transition on the website went fairly easy, and we have a good relationship with customer care if there are ever any issues,” Walters said.

According to Ibbby’s manager Tim Zingrich, the new system was successful in its first days and reservations have been coming in steadily.

“People have been really liking the system,” Zingrich said. “No issues so far.”

Walters and Magruder

encourage customers to use the Open Table app, but they can also make reservations on the restaurant’s website, through an online link or by calling Ibbby’s. As always, customers can also simply walk in and see if there are tables available.

“The reason why we did this is that we need to work and you need to relax, and this is a perfect example of making your life easier, which selfishly makes our lives easier,” Magruder said. “If you’re happy, we’re happy.”



GRACE BRUTON | STUDENT LIFE

Ibbby’s is now accepting table reservations through Open Table in response to customer demand.

## TITLE MINE from page 1

According to White, most changes made within the Title IX department at the University have been student led.

“The progress we have made over the past few years has been done in partnership with our students,” White wrote. “In fact, many of the changes we have implemented evolved directly from input from our students, including creation

of our Title IX Advisory Committee. The committee is an important channel for considering new ideas that are brought forward, including those that were shared in our meetings with Title Mine leaders.”

According to Vice President of Administration for Title Mine graduate student Jodie Goodman, Title Mine will continue to push for accountability among

administrators moving forward.

“An important aspect of Title Mine’s mission has always been administrative accountability, and that will continue moving forward,” Goodman said. “We work to ensure there is institutional memory of what has been promised to students and a record of what progress is being made towards those ends.”

Currently, Hayes is focusing on creating a general body with a wider range of student voices, and she hopes to create a more sustainable structure for Title Mine as an organization.

“[I want to] make sure that this movement doesn’t end once we graduate or once we transition out of it because I think that would be so disheartening, because we know there’s so

much work that needs to be done,” Hayes said. “And we want to empower these underclassmen to carry the torch.”

*Editor’s Note: The Sexual Assault and Rape Anonymous Helpline (S.A.R.A.H) provides confidential and anonymous support and can be reached at 314-935-8080 24/7 during the fall and spring academic semesters.*

There are counselors at

*the Relationship and Sexual Violence Prevention (RSVP) Center, located in Seigle Hall, Suite 435, available confidentially to any University student. The office can be reached at 314-935-3445 or by email at rsvpcenter@wustl.edu.*

*The National Sexual Assault Hotline can be reached at 1-800-656-4673 or via online chat at <https://hotline.rainn.org/online> 24/7.*

## PETITION from page 1

Carey felt compelled to take action after watching Walker endure what she described as “disgusting” treatment.

“Although these resignations won’t repair the emotional trauma Randal has endured, it will ensure that those who had a major hand in her demise are held accountable just as she was,” Carey wrote in a statement to Student Life.

Election commission member and junior Destiny Jackson posted the petition in the Washington University “WashU Black Chat” at the behest of Carey since Carey does not have a GroupMe account. Jackson gave the petition a cursory glance before posting the petition, but said she hadn’t signed it at the time of reporting Wednesday evening.

“I think [the petition] is something that should have been given to the public...I don’t really think personally my opinion should affect me not sending it in the group chat,” Jackson said.

The petition accused Pohl of waiting less than 24 hours after the election to submit the recall petition, and also noted that Pohl and Walker ran against each other in SU’s Spring 2019 election.

The petition also called for Jochims’ and Kish’s resignations based on unproven claims that Jochims and Kish had prior knowledge of the articles of impeachment and failed to inform Walker. Jochims and Kish both denied the claim, saying they learned of the articles when they were formally introduced. The petition also claims that an op-ed Jochims and Kish published in Student Life calling for unity in SU

was “misleading.”

Kish and Jochims collaborated with Senate and Treasury’s leadership team for input before publishing the op-ed and said they received positive feedback after it was published. Kish continues to stand by the message of the op-ed.

“It’s disappointing to me to see people in the highest positions of power in this organization show a continued willingness to air personal issues in the public sphere, and that is not a reason I will resign,” Kish said.

Alkilani and Sassmannshausen were also called on to resign. The petition mentioned Alkilani’s comment during a joint SU session in which he called Walker “grossly incompetent” as well as an incident during the same session in which Sassmannshausen started yelling after Jackson spoke.

Additionally, the petition described Alkilani as having a “history of racially insensitive comments such as referring to Majora Carter, Stacey Abrams and Yvonne Orji as ‘low-budget Blacks.’”

Alkilani denies ever making this comment, and Jochims and Pohl say that they never heard him make such a comment.

“The quote that they alleged in the petition is absolutely false,” Alkilani said. “I can have 15 witnesses confirm that it’s false. There is no one who is on record for saying that it’s true.”

Both Pohl and Jochims characterized the petition as pushing a “false narrative.”

Pohl said that the petition’s account of the events preceding Walker’s resignation spurred people to sign

the petition without knowing the full context of the situation.

“I think if that whole 15 page Con Council opinion had been attached, there would be a very different reaction to this petition,” Pohl said.

The petition claims that impeaching Walker after the failed recall vote constituted double jeopardy, a claim Constitutional Council Chief Justice Eric Cai dismissed.

“As someone whose job is to interpret the Constitution, I think it’s pretty clear that recall and impeachment for the same acts do not constitute double jeopardy,” Cai said.

Double jeopardy is a legal concept that a person can’t be criminally charged for offenses for which they have already been acquitted; the SU constitution does not mention the term anywhere in its 16 pages.

According to Vice President of Public Relations sophomore Beth Wiesinger, SU President Tyrin Truong, Senator Sophie Scott and others have been discussing partnering with the Center for Diversity and Inclusion on an implicit bias campaign to help Student Union members become more aware of their biases. Truong said that he wants all officers affected by the petition to be able to sit down together and discuss how best to represent minority communities at the University.

“Students have the right to circulate petitions,” Truong said. “I believe that [public discourses] are the signs of a healthy democracy. And it shows that students are engaged and paying attention to what Student Union is doing.”

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# Student Life

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**Emma Baker**  
Editor-in-Chief  
editor@studlife.com

**Josh Zucker**  
Associate Editor

**Lauren Alley**  
**Danielle Drake-Flam**  
Managing Editors

**Jayla Butler**  
Senior News Editor  
news@studlife.com

**Jaden Satenstein**  
Senior Scene Editor  
scene@studlife.com

**Tyler Sabloff**  
**Kya Vaughn**  
Senior Forum Editors  
forum@studlife.com

**Dorian DeBose**  
**Matthew Friedman**  
Senior Sports Editors  
sports@studlife.com

**Isabella Neubauer**  
**Sabrina Spence**  
Senior Cadenza Editors  
cadenza@studlife.com

**Christine Watridge**  
Design Chief  
design@studlife.com

**Grace Bruton**  
Senior Photo Editor  
photo@studlife.com

**Jonah Goldberg**  
**Isabella Neubauer**  
Copy Chiefs  
copy@studlife.com

**Olivia Szymanski**  
Longform Editor

**Ali Gold**  
Engagement Editor

**HN Hoffmann**  
Multimedia Editor

**Sabrina Spence**  
Social Media Director

**Madelyne Quiroz**  
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News Editors

**Grace Bruton**  
**Jaden Satenstein**  
Design Editors

**Mia Goldberg**  
Designer

**Adrienne Levin Coleman**  
General Manager  
a.coleman@studlife.com

**Tammy Dunsford**  
Advertising Sales Supervisor  
dunsfordt@wustl.edu

**Tiffany Ellison-Jones**  
Advertising Sales  
tiffany.jones@studlife.com

**Vivienne Chang**  
Advertising Sales  
advertising@studlife.com

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# CADENZA

## A decade of entertainment: The good, the bad and the special

**MATT SINGER**  
CONTRIBUTING WRITER

I am not a crier. It's not that I have any issue with crying; I just don't really do it. That's not to say I don't experience moments where a natural reaction would be crying. "Why, Matt? Why don't you cry?" I hear you asking. Well, it turns out I have a medical condition doctors call "being dead inside."

I do tear up from time to time, but it takes something truly moving for that to happen. Something like Tony Stark completing his 12-year, nine-movie (10 if you include a cameo) character arc by sacrificing himself in order to save the universe, followed by a funeral with Alan Silvestri's emotional score playing in the background.

"Avengers: Endgame" brought me as close to crying as anything in recent memory. That may sound ridiculous and maybe it is. But I saw "Endgame" on opening night at 10:15 p.m. in a packed theater. By the time the funeral scene rolled around, it was 1 a.m., and you would be hard-pressed telling me or anyone else in the theater that night that crying over a superhero movie was ridiculous.

"Endgame" was a phenomenon the likes of which we have never seen before. It was the culmination of the current iteration of Avengers



films and the Infinity Saga of the Marvel Cinematic Universe (MCU), as well as the individual arcs of Tony Stark and Steve Rogers, the respective head and heart of the MCU. It captured the zeitgeist to the tune of a \$357 million domestic opening weekend—easily the largest opening weekend of all time—and a \$2.798 billion total worldwide gross profit, making it the highest grossing movie ever.

The 2010s were dominated by the MCU, along with two other franchises that either have come or will come to an end in 2019: "Game of Thrones" and the "Star Wars" movies. Obviously, just like the MCU, neither are actually ending for good, but the current iterations have drawn to a close. Whatever you thought of the final season of "Game of Thrones," you were still engrossed by it for six weeks. As for "Star Wars," I don't know if any story is more widely known

than that of a farm boy from Tatooine. Through all the ups and downs, nothing has been more ubiquitous in culture for the last 40 years than "Star Wars," and "The Rise of Skywalker" is its (hopefully) grand and satisfying finale.

However, as huge as the MCU, "Game of Thrones" and "Star Wars" were throughout the decade, their example is one of how things used to be, not a sign of changing times. As Kyo Ren says in "The Last Jedi," "Let the past die."

The 2010s saw perhaps the greatest shift in the entertainment industry and media since the rise of television in the 1950s: streaming. Streaming has fundamentally changed both how people consume content and what they consume. Its effects are far-reaching. From mergers (Disney-Fox, AT&T-Time Warner) to cord-cutting (Q1 2019), streaming has completely altered how media companies approach creating content and as a result, there is more of it, a lot more; take Netflix for example.

There are a lot of jokes about Netflix greenlighting anything and everything that comes to them, and while that's not entirely unfair, there is a reason Netflix sits on the streaming throne. They have something for everyone, with Netflix Originals like "Stranger Things" and "Big

Mouth" being huge draws. However, Netflix's main attraction has always been licensed programming like "The Office," "Friends" and a host of Disney movies.

The rise of Netflix precipitated the fall of traditional television, hurting major media companies. In response, over the last few years, the three largest media companies—Disney, AT&T (WarnerMedia) and Comcast (NBCUniversal)—announced intentions to create their own over-the-top streaming services, clearly pitting them directly against Netflix.

Disney+ debuted less than a month ago, with NBCU's Peacock and WarnerMedia's HBO Max set for release in April and May 2020, respectively. Disney took fire at Netflix by ending their licensing deal with the streaming giant. Meanwhile, NBCU and Warner both outbid Netflix for some of its most valuable licensed content, with "Friends" going to HBO Max while "The Office" and "Parks and Recreation" will move to Peacock.

In addition to attacking Netflix directly, a need was recognized to go out and create libraries with enough content to actually compete with Netflix. To this end, HBO Max acquired the rights to shows like "South Park," "Rick and Morty," "Gossip Girl," "Doctor Who" and "The Big Bang Theory." In order to beef up their library, Disney went one further and bought most of 21st Century Fox.

All three streaming services are also making original content a huge selling point, with Baby Yoda from the Disney+ Original "The Mandalorian" already taking over the internet. Among other things, HBO Max is planning to reboot "Gossip Girl," while Peacock is planning to reboot "Saved by the Bell." When the current media landscape is placing emphasis on having as much content as possible, it is going to be continually harder to keep up with everything.

This is what makes the MCU, "Game of Thrones,"



and Star Wars so special. They all came about before the rise of streaming and ended their runs right as streaming decided to storm the gates. While none of the franchises are actually hanging it up, each will take on a new form and, in my opinion, all are unlikely to ever quite reach the stratospheric heights of their 2010s predecessors.

"Game of Thrones" is likely the final event television show ever. Even in 2019, it still had the ability to bring people together on Sunday nights to witness how the show's final season would end. It premiered in 2011 and became must-see-TV, building a fanbase of both readers and non-readers of the series alike. It redefined what television was allowed to be with its (mostly) brilliant writing, acting and enormous budget.

"Star Wars" returned with "The Force Awakens" in 2015, 10 years after "Revenge of the Sith," and a new "Star Wars" movie has been released every year since. Just like the final season of "Game of Thrones," if you go anywhere on the internet, you'll be led to believe the Disney "Star Wars" movies are the worst thing since polio. Even still, all of the movies besides "Solo" have been tremendously successful. "The Rise of Skywalker" not only ends the first round of Disney Star Wars movies (they plan to take a break to regroup and figure out a cinematic direction for the franchise), but it also concludes the entire Skywalker Saga, which, as I said, is likely the most famous story put to film.

The MCU dominated pop culture in the 2010s. Not too long ago, a shared cinematic universe was an entirely foreign concept. In

2013, DC released "Man of Steel" as its first attempt to compete with the MCU's dominance. By 2017, the DC Extended Universe had come to a screeching halt as "Justice League" flopped in theaters. Meanwhile, Marvel Studios was churning out hit after hit. They were smart in allowing for different styles, tones and voices to permeate the MCU while still maintaining its coherence as a shared world.

The MCU coincided with my adolescence; I grew up with these films. So as I sat in that theater, tearing up as Tony Stark's first arc reactor floated down the river, my emotions were tied not just to the movie, or the character or even to the series as a whole. Deep down, it also signaled the end of my childhood. Coincidentally, I got off the Wash. U. waitlist just four days later.

But what makes the MCU, along with "Star Wars" and "Game of Thrones" unique is that each franchise played such an important role for so many people. The country is more divided than it has been in a long time, in more ways than one. I don't expect it to get better anytime soon. And yet, two film franchises and a TV show were able to cut through that and bring people together to experience something, even just for a couple hours. That is special.



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**SABRINA SPENCE**  
SENIOR CADENZA EDITOR

Streaming is—and for the foreseeable future will be—a large part of our day-to-day lives. We have moved into an age where TVs, once a miracle in technology, are becoming obsolete thanks to the internet and the readily accessible devices we carry with us everywhere we go. While there are a healthy number of streaming giants already in the mix—Amazon Video, Netflix, Hulu and HBO Go to name a few—The Walt Disney Company threw their name in the ring with their own streaming service. Disney+ is all Disney, all the time.

The creators of Mickey Mouse and friends have stepped into the world of streaming services, and honestly, I'm not

mad at them—they saw an opportunity and they took it. As someone who loves all things Disney, I immediately jumped at the chance to have my favorite childhood movies and TV shows in one place, and I welcomed the nostalgia that would come my way, but I was not prepared for the sheer plethora of options to choose from.

Divided into collections for every mood, Disney+ has something for everyone. Whether or not you're feeling nostalgic and looking to watch the Disney magic unfold from the very beginning in the 1920s with "Steamboat Willie" all the way to the present day with the live-action iteration of Disney's "Lady and the Tramp," recently released directly on Disney+. And for those fans of fairy tales, there's an entire collection with every single Disney

princess movie. It includes those who are part of the franchise, like Cinderella and Rapunzel, as well as the films that are about princesses in general, like "The Princess Diaries" and "Princess Protection Program."

Even with all of this content, Disney+ still has more to give. All of the Pixar movies that we know and love are housed on this service, as well as the Disney Channel Original Movies we spent our evenings as children waiting to premiere on a Friday night as we watched the familiar blue film reel play on our screens. The "High School Musical" franchise will always have a special place in my heart next to other classics like "Camp Rock" and "The Proud Family Movie."

SEE DISNEY, PAGE 7



# SPORTS

## ATHLETE OF THE WEEK

BY DORIAN DEBOSE  
SENIOR SPORTS EDITOR

### Jack Nolan dishes and swishes about stepping into bigger shoes

Jack Nolan just might be a bucket. Nolan has been lighting up scoreboards for the Bears since his freshman season two years ago. Now a junior, Nolan is putting up the best numbers of his career: 18.5 points per game on 48.5% shooting from the field while shooting 46.3% from beyond the arc. On Wednesday night, Nolan made six three pointers as Wash. U. routed Rhodes College, 80-55. Ahead of the game, I talked with Nolan about the transition from a freshman playing meaningful minutes to a junior leading a top-10 basketball program in scoring and the memories he's made as Wash. U. Bear.

**Student Life:** You've played a lot throughout your Wash. U. career. What's different now between your role as a junior, who I imagine is somewhat of a leader on the team, versus back then when you were just a freshman?

**Jack Nolan:** Absolutely. I think roles are really something that change significantly throughout a career. I think being a good basketball player and being a good teammate means adapting to your new role and being willing to change. So freshman year, it was definitely more of like, I came in and I didn't really know anything. It was really being a follower. And listening to what upperclassmen had to say, and really just being a [servant] leader and being willing to do whatever the upperclassmen needed from me. Whereas now: I'm a junior. There are guys younger than me, and I think it's more of like, I need to be able to take freshmen under my wing that need it and just be there for them if they need help. Whether it's on the court or outside of the classroom—simple stuff such as scheduling classes—being there for them is definitely important to my role now as an upperclassman.

**SL:** Your freshman year, I know there was a bunch of seniors who were on the team. What lessons did you learn from them?

**JN:** There's so many. My freshman year was a really special season. There were six seniors. Five of them started, but all six were just incredible guys. I can't speak highly enough of their character, and just how great of guys they were and how great of leaders they were to allow a freshman, like I was at the time, to come in and [to] welcome me with open arms like they did. They welcomed everyone with open arms. They took all the younger guys under their wing and really demonstrated through example what it means to be a good leader, what it means to be a good teammate. I think

they exemplified a lot of what being an unselfish team with good leadership is about. Definitely, it was a really special year. I learned a ton from that group of seniors, for sure, as well as Marcus Meyer. He was the lone senior on our team last year. I learned a ton from him as well. I think everybody learns from the people that go before them, and I definitely picked up a lot of life lessons and leadership lessons from those guys that went before me.

**SL:** Your freshman year you played under [retired basketball coach] Mark Edwards. Now you've had a year of playing under [head coach Pat] Juckem. What's stayed the same? What's different? How have their philosophies differed?

**JN:** Yeah, so I think what's amazing is [that] they're both very similar types of people in that they both care so much about people that they work with on a daily basis, individually. They care so much about our individual success outside of basketball. Coach Edwards was an unbelievable leader, an unbelievable coach on the court. I think where he left his mark is in each player that he coached. Every player he coached knew that he cared about them. I think Coach Juckem is the same way. On the court, there [are] some X's and O's differences. But every coach has their different ways of doing things. And there's definitely a lot of right ways of doing things and not necessarily one right way to do it. So I think they definitely differ like X's and O's-wise [and] are also similar in some ways.

**SL:** Moving a bit more into basketball, who are your favorite opponents? Is there anyone who you get excited for when you see them on the schedule?

**JN:** Every team, equally. As cliché as it sounds, the margin for error in Division III, if you want to make the [NCAA] tournament in March, is really, really small. Every single team that comes on our schedule...almost every game is a must-win. That's just the way it works in DIII. That's kind of been our philosophy for years. Obviously, you have some games towards the end of the year that might, you know, mean more than others because of circumstances and record and so on. But I think at the beginning of the year, every team is the same and you can't sleep on any team and you gotta come ready to play every single game.

**SL:** Do we have rivals?

**JN:** Historically, the University of Chicago. But again, I'd say every single game is really important.

**SL:** What has been your favorite basketball memory?

**JN:** Oh, man. I gotta think about that one. Like an on-the-court memory? Because there's, I mean, there's so many. There's so much that I could give you off the court. Cause at the end of the day that's what I'll remember the most: times with the guys and stuff. But I guess on the court, I'd say...there's a couple to choose from. This last win, this past week against Augustana [College]. It was a big one for us. It was really important for our team to get that win. We had a slip-up early in the year against [the University of Wisconsin] Platteville. We definitely took a lot of lessons from that game and really tried to learn from the lessons that we had in that game. Augustana was a real test to see how much we learned from that loss against Platteville. And in many ways, I feel like we passed the test. And we really did feel like we've improved since the Platteville game. We really were able to show that against Augustana. So I think it was really one of those games that hopefully was sort of like a turning point for us. And hopefully we can continue to ride the momentum and continue to get better each [and] every day and take the Augustana win and learn from that as well. So we can get more wins down the road.

**SL:** Gotcha. You mentioned that you had some off-the-court memories that you were also thinking of. What's your favorite one of those?

**JN:** Sure. I'd say being on a basketball team, it's such a tight knit group of guys. Like this year [with] 17 guys on the roster, and you just become so close with these guys. I live in a house with five or six of them. And so we're with each other almost all the time. So there's so many memories that come to mind. Even last night, we're coming up on finals week, right? So last night, I have a test coming up and a couple guys have projects to do. So we're studying as a group in the Athletic [Complex], and somewhere around 11:30 or whatever, we decide to take a break and go out and play pig for 20 minutes on the court. It's just little things like that, little moments [where] you become close with your teammates and with your friends. It's those things that I think I'll remember for the rest of my life. And it's those things that I'm really thankful to the game of basketball for giving me the opportunity to meet [the] guys that I've met, friends and teammates who just really changed my life. And I'm really appreciative of that.

**SL:** In terms of your on

the court performance, where do you think you've improved the most in your time at Wash. U.?

**JN:** I would hope that I've improved the most defensively—and [I] definitely still see a lot of room for improvement for myself on the defensive side as well, I'm not totally there yet—but I think just from freshman year coming in, I've gained weight, I've gained a lot of strength. I've gotten bigger since my freshman season and each year, I think I've just learned to think the game better on the defensive end and be able to anticipate a little more defensively. And so I think in many ways, it doesn't show up on stat sheets as much, but I think my defense has been much improved since my freshman season. I hope it can continue to improve down the road here as well.

**SL:** What do you think your biggest strength is?

**JN:** That's a tough one. Probably

just being able to stay poised in tough circumstances throughout games. I'm the type of person that, throughout games, I really pride myself on being always in control of my emotions and being very levelheaded throughout the game. And in many ways I really tried to exemplify being a leader in that way on the court.

SEE NOLAN, PAGE 6 GRACE BRUTON | STUDENT LIFE



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# NOLAN from page 5

I'm not super outwardly vocal on the court, but I definitely try to lead by example. And so in the game you know, when we're going through adversity, when the other team is going on a run, when we give it up a couple baskets in a row, I always want my teammates

to see someone who's under control. Someone who's not worried, not panicked. I really pride myself on never getting too high and never getting too low and always trying to stay very levelheaded and poised. **SL:** Speaking of being very levelheaded at crucial points

in the game, have you ever hit a buzzer-beater?

**JN:** I have. It's been a while. I've hit some big shots, but the last time I had a buzzer-beater was probably not since eighth grade or seventh, maybe freshman year, I'm not sure.

**SL:** What does it feel like to hit one of those big shots?

**JN:** For me, it feels exciting, just for the sake of my team. I'm very competitive and I hate losing more than anything, and so to be able

to hit a big shot or even make a big pass to someone else who has a big shot or make a big defensive stop, and it's not always about a big shot, right? But to make a big play in crunch time. It's just...it feels different. Being at the

end of the game, being so close to a win or a loss. It's just something that's really exciting. And every time that you walk off the court with a win, it's a really good feeling. And [it's] something that I'm willing to work for.

## All Rhodes lead to victory: A fifth straight for men's basketball

**MATTHEW FRIEDMAN**  
SENIOR SPORTS EDITOR

After beating Rhodes College on Wednesday night, 80-55, the No. 10 Washington University men's basketball team is off to its hottest start since the fall of 2012, when the Bears won their first eight games and ended up winning the University Athletic Association championship.

The 25-point margin of victory was the Bears' largest of the season and the win was their fifth straight, vaulting them to 7-1 on the season.

Defense was on display as the team held its opponent to under 60 points for the third time in four games. Rhodes made just 35.8% of their shots from the field and only four three-pointers. It was the third time in the last two weeks that the Bears had allowed a shooting percentage below 40%.

"We're just been honing in on the areas where we needed to improve, and there was some [improvement], certainly defensively," head coach Pat Juckem said, pointing out that defense has been a major focus for the team throughout the early season. "We're pleased with the progress there."

The win was not just smooth sailing for Wash. U., though. Rhodes jumped out to an early start with a quick 10-2 run within the game's first four minutes. The Bears made only one of their first five shots and fouled the Lynx four times, missing opportunities to get out to a hot start. They soon found their footing, however, as junior Jack Nolan sank two three-pointers in a row to put Wash. U. within three points before junior Payden Webb, coming off the bench, drilled a three-pointer of his own to put the Bears up, 11-10.

"When there's some adversity—and there is going to be in every game at some juncture—our poise and our veterans, how they handle things and come together, they just overcome it," Juckem said. "That's what they did tonight."

Nolan said that much of the Bears' offensive success in the first half stemmed from the team's defensive prowess and stops. "We came together after the first few minutes of the game and really told each other that we need [to] start locking up defensively," he explained. "So I think we did that. And I think that really was the turning point."

The Lynx briefly hung

with Wash. U. before the Bears began to pull away. With just under nine minutes left in the first half, sophomore Justin Hardy made a three-pointer that sparked a 21-8 run, leaving the Bears ahead by 18 points, 42-26, as the teams jogged into the locker rooms.

Scoring 11 points within the first three minutes of the second half, the Bears made sure that Rhodes never had a chance to claw its way back into the game. Nolan sent feeds into senior Hank Hunter twice in two minutes, enabling Hunter to find space beneath the rim and connect for two layups, while Nolan himself added another pair of three-pointers early in the second half.

With 13:23 to play in regulation, Wash. U. had extended its lead to 26 points, 63-37. The Bears seized the opportunity to feature some of their younger players, including freshman Nate Bloedorn, who nearly doubled his previous career point total with a career-high 12 points. "Nate had a kind of breakthrough game tonight," Juckem said. "Our guys are talented. They're just young and lacking experience. We've seen the improvement on a daily basis in practice, but being

able to take it from practice to the game now, that was a big step for Nate tonight."

Sophomore Kameron Mack saw a season-high 16 minutes and freshman Kevin Davet saw his second regular season action of the year, slamming a dunk through the net just before time expired. "We've got a really good group of young players who, with more playing time and more seasoning—they're going to play a reserve game this weekend—[they're] our future," Juckem said.

Coming off a career-high 28 points in Sunday's 73-70 win over Augustana College, Nolan dazzled once again, making six of his nine three-point attempts to score a game-high 18 points. "My teammates are putting me in really good positions," he said. "We have a lot of unselfish guys on the team that share the ball really well. Great all-around team players, so I give all my credit there."

Hunter and senior Matt Nester had 12 points each, while seniors DeV Vaughn Rucker and Jonathan Arenas both contributed seven rebounds.

Despite the lopsided end result, Juckem was disappointed in the Bears'



CURRAN NEENAN | STUDENT LIFE  
Junior Jack Nolan dribbles around a Rhodes College defender in the Bears' 80-55 victory Wednesday. Nolan had 18 points.

discipline. Wash. U. committed 23 fouls in the game, allowing the Lynx 25 free throws overall (the Bears only had four). Rhodes shot just 52% from the line, so the Bears' foul trouble was not too detrimental, but Juckem still wanted improvement. "I

think we've got to clean that up," he said. "We've got to be able to be disciplined."

The Bears continue Juckem's sophomore campaign with the annual Wydown Showdown against Fontbonne University on Tuesday at 8 p.m.

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# DISNEY from page 4

While the movie inventory is impressive and has taken up a large amount of my time to sift through and enjoy, the TV show inventory is just as thorough. Taking a walk down memory lane is easy to do with the Disney Channel TV shows available on Disney+. Reliving the emotional final episode

of the final season of "Hannah Montana" and watching the Russo family's magical shenanigans has never been more accessible, and honestly, it's the perfect thing to close out the semester.

Never have I ever wanted to sit at home, cuddled in a blanket, and watch the Disney movies and

television shows of my childhood more. While this is a frequent occurrence for me without the aid of Disney+, this "house of mouse" is bringing me back to simpler times. The shows and movies that Disney has created thus far are monumental in shaping who we are as people because that's how

we learn—by watching and observing. When we're younger we might decide we want to be a princess just because we loved Cinderella so much, or that we wanted to invent something because Phineas and Ferb are the boy geniuses we wish that we could be.

Looking back on the years of Disney that

shaped me, whether it was waiting for Disney Channel's Halloween weeks where they would show classics like "Twitches" and "Halloweentown," I'm reminded of the times over the past 10 years where I found comfort in the Disney vault. The vault is now open and the decade

is ending—go back and watch some of your favorites from when you weren't stressed about finals and all that mattered was whether or not you got to stay up past 9 p.m. to watch the sing-along edition of "High School Musical." So take some time in the vault, and let all your dreams come true. It'll be worth it.

# WEEKEND CONCERT ROUNDUP

## 12/6 FRIDAY

**Nerf Herder with The Haddonfields, The Copyrights**  
8 p.m. @ Blueberry Hill Duck Room  
Rock

**Guitar Madness 2019 featuring Jeremiah Johnson, Rich McDonough and Craig Straubinger**  
8 p.m. @ Off Broadway  
Southern rock/blues

**Dailey & Vincent**  
8 p.m. @ The Sheldon  
Christmas classics

## 12/7 SATURDAY

**St. Louis Women of Rock Showcase featuring Crystal Lady, Ahna Schoenhoff, Mammoth Piano and Tiger Rider**  
7:30 p.m. @ The Ready Room  
Rock

**Anacrusis**  
8 p.m. @ Delmar Hall  
Progressive/thrash metal

## 12/8 SUNDAY

**Smino with Schenay Mosley, JAY 2**  
8 p.m. @ The Pageant  
Rap

GRAPHIC BY HN HOFFMAN AND GRACE BRUTON

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**"Michelangelo"**

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## Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

**ACROSS**

- 1 Worked off nervous energy, say
- 6 Grounded fast jet
- 9 Like imitators
- 14 Maine town on the Penobscot
- 15 Letter after sigma
- 16 Food from heaven
- 17 Traditional Easter dinner
- 19 "... better \_\_\_ worse": wedding vow words
- 20 Wedding rental
- 21 "Not bad, not great"
- 22 Cuts anew
- 23 "In your dreams!"
- 25 Steinway seat, perhaps
- 27 Biological mapping subjects
- 29 By the seashore
- 30 Garden tool
- 31 Scientist Werner \_\_\_ Braun
- 32 Undercover agent
- 33 Ohio's has wheat and arrows
- 38 Transmission type; Abbr.
- 41 Line on many a receipt
- 42 Hold (onto)
- 46 Take advance orders for
- 49 Colder than cold
- 51 Boating safety feature
- 53 Former couples
- 54 Curly-horned goats
- 55 Mama's mama
- 57 Vietnam New Year
- 58 Renaissance fair garment
- 59 Glancing blow on the road, and a hint to the puzzle's circles
- 61 Still soft, as concrete
- 62 Sci-fi vehicle
- 63 Golf targets
- 64 Jury members
- 65 Wooden pin
- 66 Wide-mouthed pitchers

By Craig Stowe 12-5-19

**DOWN**

- 1 Canoe carrying
- 2 Turned on
- 3 Cajolery
- 4 Running trio?
- 5 Colon components
- 6 Equilibrium
- 7 Polynesian island nation
- 8 "Rub-a-dub-dub" vessel
- 9 Microscopic organism
- 10 Analyzes grammatically
- 11 Babies
- 12 Mt. Hood hood?
- 13 How scolding words may be spoken
- 18 Leisurely gait
- 22 ABC exec
- 24 Enemies
- 26 Cpls. and sgts.
- 28 Muscular 2017 "Dancing With the Stars" competitor
- 31 Distress
- 34 Book of maps
- 35 Gymnast's powder
- 36 Vatican vestment

**Monday's Puzzle Solved**

J E T	H A R E M	B U R	E A R	S A V E S	S U P	E S E		
E V A	P L A Y	C L O T H E S	R E D	C O A T S	C L E E S E	E A T S A	W H I P S A W	
P A W N	R N A	E T S	G R A T I S	E D U C E	A I R	F L Y H I G H	B O Z	
M A Y O R	H U M A N E	M F A	R U S	I C O N	C A R R A C E	P R A N K	O N E I S H	G R A N D P A S
H O R S E	A R O U N D	A S K	O R E	A S P E C T S	C H E	S S S	M I R E S	K E W

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37 Lounge (around)	48 Spits out, as a DVD
38 Call it quits	49 Old salt
39 Chicago newspaper	50 ___ Reader: eclectic digest
40 The "D" of "NORAD"	52 Chef's cutter
43 Silk or cashmere	56 Tennis great
44 Climbing vine	57 Arthur
45 Snack cake maker with the Nasdaq symbol	59 "How's it hangin'?"
TWINK	60 ___ factor: impressive quality
47 More appealing	

# SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

12/5/19

**Level**

1

2

3

4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, please visit [sudoku.org.uk](http://sudoku.org.uk)

Solution to Monday's puzzle

3	6	8	1	5	7	9	4	2
5	2	1	6	4	9	7	8	3
7	9	4	2	3	8	5	1	6
2	7	3	5	9	1	8	6	4
8	1	6	7	2	4	3	9	5
9	4	5	3	8	6	1	2	7
6	3	9	4	1	5	2	7	8
4	8	2	9	7	3	6	5	1
1	5	7	8	6	2	4	3	9

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# FORUM

## STAFF EDITORIAL

### How to survive the dark of the year

To state the obvious, finals suck. To make matters worse, Thanksgiving break came late this year, which has made the semester feel even longer. Even though everyone had high expectations for getting work done over break, those plans never seem to pan out. You were at home, your parents wanted to talk about “the next step in your plan,” your extended family was there and the no-electronics policy was enforced because it was “family time.” So now we’re all in that “how do I cram a semester’s worth of work into one week’s study time” panic. But don’t fret, because almost every single person on this campus is in the same boat. And if there’s one thing we know, it’s that misery loves company, so grab a few friends and chill.

Here are a few tips from the editorial board to help you avoid the dark sadness that envelops us all at this time of year:

#### Go outside

Enjoy the few hours of

sunlight that we do get and make some time to take a walk or go for a jog in Forest Park. Waking up early is hard but worth it; it gives you some extra time to get ready at a leisurely pace and actually have a morning routine. Try getting up an hour earlier to sit next to your window and enjoy your morning coffee. Fresh air and sun is good for you so treat yourself like you would a plant: lots of water and sunlight. If you’re finding that seasonal depression is hitting you hard and there isn’t enough outside time in your day, perhaps purchase a cheap sun lamp from Amazon. A sun lamp replicates outdoor natural light and has health benefits such as increasing serotonin and melatonin, making it a great study buddy.

#### Don’t let your sleep schedule fall apart

Now more than ever, it’s important for you to get in a full night’s rest and hit

that REM cycle. Pulling all-nighters might sound like your only option. However, sleep is crucial to staying healthy and keeping your brain functioning. Falling asleep during your final is not ideal, and studying a few terms and then sleeping has been proven to increase your retention.

#### Don’t just hole up in Olin

It’s important that you don’t forget to actually study, but try not to spend all of your time in the B-stacks. Change up your study place by going to the law library or the DUC Formal Lounge. If you like background noise, try a new coffee shop this week and take a break from campus.

#### Study with others

Studying with your friends can be difficult; however, moral support is very important during finals

season. If you can’t refrain from talking with your friends, try the Mars Room on the third floor of Olin; it forces you to be dead silent and any noise you make will inevitably be met with cold glares and a scolding “shush.”

#### Don’t forget to eat

Eat! Health is always a priority, especially right now, so pack study snacks, eat a healthy breakfast and make time in your schedule for meals. It’s easy to pretend like you don’t need food when you’re grinding but ultimately your immune system will pay—either by catching the bug that’s going around or maybe even getting hospitalized for pharyngitis (this has happened before).

#### Make time for your friends

Plan a movie night or a

trip to PetSmart with your friends. Get off campus for a little while and talk about life, but make sure not all of your conversations revolve around all of the work you have to do.

#### Make time for yourself

Take time out of your day to do things that you love. Go for a run, do some yoga, sit on the couch and watch some Netflix but most importantly, don’t feel guilty for doing things you enjoy! This is easier said than done, but taking an intentional break will help you concentrate later.

#### Plan your procrastination

This may sound silly, but actually plan a time to procrastinate. Whether this means setting aside two hours of your day to

be “lazy” or telling yourself that it’s okay if you don’t finish your paper today, planned procrastination gives you a bit more wiggle room and alleviates some of that stress.

#### Time management is key

Working and studying is clearly a necessity during this time of year, but the major factor in keeping your stress level low is time management. A planner and a calendar will come in handy to help you stay organized during finals season. Make a to-do list and separate assignments between days so that you can find balance. There may not be a lot of time in between your finals or final papers, so give yourself time by reserving a few days in advance to study for one class and then moving onto the next subject once you feel comfortable with that one.

## OP-ED SUBMISSION

### The evolution of Title Mine: From April 2018 to now

**CANDACE HAYES AND JODIE GOODMAN**  
TITLE MINE EXECUTIVE MEMBERS

Title Mine is a trauma-informed, survivor-centered activist movement that serves as a bridge between the student body and the administration, but most don’t know our origin story.

In April 2018, an op-ed in Stud Life informed students that there was a serial predator on campus, one whom the Office of Residential Life, the Title IX Office and Washington University Police Department had all received reports on over the course of several months. The article’s anonymous author wrote that her assailant had physically attacked her, yet the campus bureaucracies seemed incapable of responding. She’d gone public with her story, she said, after learning that another student had accused the man of rape. A half-dozen similar op-eds followed, detailing the harrowing and traumatic experiences of students who experienced sexual violence at Washington University and had been failed by the institution every step of the way when they finally decided to report the assaults. Vice Chancellor of

Student Affairs Lori White responded with an op-ed about her experience as a survivor of sexual violence and her commitment to the safety and wellbeing of all students. Her support has been invaluable to the success of our movement.

The group of students who spontaneously began organizing in response to the flood of op-eds eventually took on the name Title Mine to represent the group’s dedication to reclaiming the rights guaranteed to students under Title IX. At a rally attended by over 1,000 Wash. U. students, staff, faculty and administrators, as well as local news organizations, Title Mine presented a list of demands to the administration meant to restore the dignity and safety of survivors of sexual violence on campus.

The administrative response to the rally was heartening. Former Chancellor Mark Wrighton approved six new full-time staff positions in counseling, education and prevention work related to sexual violence, an investment totaling over \$600,000. Other changes included a contract with a 24-hour hotline for mental health crises after-hours and hiring two full-time education specialist positions to fulfill the Title

Mine demand for increased availability of trauma-informed, inclusive support.

The majority of the first round of demands were met, with some ideas such as streamlining the school’s Title IX process and improving student understanding of the process requiring more detailed consideration.

The members of Title Mine are immensely proud of what we have worked to accomplish in the past year and a half, but data from the AAU Climate Survey shows that there is still significant sexual violence prevention work to be done on our campus. As many as 42.5% of undergraduate women experienced nonconsensual sexual contact by their 4th year at Washington University; a nearly 10% increase over our 2015 rate and 3.3% higher than the national average in 2019. In response to the data, Title Mine presented Chancellor Martin with a slate of new proposals in a meeting on Nov. 23, 2019.

We believe that all mandatory reporters of sexual violence should have mandatory training around compassionate student engagement. The first institutional response a student receives shapes the level of trust they have in the administration to effectively

meet their needs. The lack of mandatory trauma-informed training perpetuates harm and breaks trust with a vulnerable student population.

We believe that there should be accountability mechanisms to ensure that all professors adhere to accommodations in a consistent, compassionate and trauma-informed way. Accommodations from Disability Resources, the RSVP Center, Title IX Office and the Habif Health and Wellness Center should carry equal weight, meaning they must be adhered to and professors should default to abiding by them, barring extenuating circumstances.

We believe that the administration should hold our sexual violence prevention programming, like “The Date” and “Rewind Blurred Lines,” to similarly rigorous standards as our academics. Experts in the RSVP Center should be tasked with publicizing learning objectives and hiring violence prevention professionals to comprehensively evaluate their programming. We also propose the integration of discussion spaces by gender and sexuality.

Lastly, we believe that Wash. U. should ensure that experiences of sexual violence are minimally disruptive to their students’

educational experience. Title Mine supports the significant expansion of mental health services and the hiring of counselors of under-represented backgrounds to improve our current counselor-to-student ratio of approximately 1:1100. In the long run, the administration should commit to the physical expansion of Habif in order to accommodate the increased staff and student engagement. This would be funded by a combination of an increase to the student wellness fee, an increase in funding of the Central Fiscal Unit by each of Wash. U.’s colleges and an independent capital campaign to fund new infrastructure.

It may have been a year and a half since the rally, but survivors are still facing major problems right now. We can’t just forget about sexual assault on campus because it’s not convenient or interesting at the moment. Educate yourself. Get angry. Here are some action items if you’d like to opt-in to our movement:

Stay tuned for a more detailed breakdown of our proposals in future StudLife articles.

Give feedback to Title Mine any time using our anonymous feedback form.

Brace yourself for federal regulation changes from

Education Secretary Betsy DeVos.

Talk to your school’s dean about the value of mental health resources to your educational experience and why they should raise their prorate to pay for it.

Tell your program or department chair that you think all mandatory reporters should have to undergo mandatory training that reflects the sensitivity of their position before they engage with students in crisis!

Join Title Mine’s email list and apply next semester to join the Core Team to influence the future of Title IX policy at our school!!

*Editor’s note:*  
*The Sexual Assault and Rape Anonymous Helpline (S.A.R.A.H) provides confidential and anonymous support and can be reached at 314-935-8080 24/7 during the fall and spring academic semesters.*

*There are counselors at the Relationship and Sexual Violence Prevention (RSVP) Center, located in Seigle Hall, Suite 435, available confidentially to any University student. The office can be reached at 314-935-3445 or by email at [rsvpcenter@wustl.edu](mailto:rsvpcenter@wustl.edu).*

*The National Sexual Assault Hotline can be reached at 1-800-656-4673 or via online chat at <https://hotline.rainn.org/> online 24/7.*

## OUR VOICE: EDITORIAL BOARD

Staff editorials reflect the consensus of our editorial board. The editorial board operates independently of our newsroom and includes members of the senior staff and forum section editors.

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We welcome letters to the editor and op-ed submissions from our readers. Submissions may be sent to [letters@studlife.com](mailto:letters@studlife.com) and must include the writer’s name, class and phone number for verification. Letters should be no longer than 350 words in length, and readers may

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# SCENE

## 'Sustainable and green': WU continues to pursue LEED certifications

**MARC RIDGELL**  
CONTRIBUTING WRITER

Sustainability on campus continues to be a pressing issue for many students. Students are cognizant of the amount of compost and recycle bins on campus, as well as how sustainable they personally are. But has anyone ever wondered about the actual environment that they are learning in?

According to the Washington University Office of Sustainability website, the US Green Building Council (USGBC) found that buildings across the country "account for 12 percent of all water use, 30 percent of greenhouse emissions, 65 percent of all waste output and 70 percent of electricity consumption."

Wash. U., however, has committed in recent years to a Silver minimum requirement for Leadership in Energy & Environmental Design (LEED) certification for its buildings. LEED is a rating system that evaluates structures on sustainable features such as water efficiency, energy usage and innovation.

Railesha Tiwari, the

sustainable design and construction project manager at Wash. U., who reports to both the Office of Sustainability and Office of Facilities, Planning and Management, says that LEED has "provided a good framework in unifying the building industry, giving a common language to what green buildings mean and what are some of the strategies that can be done in order to make a building more high performing and have sustainability aspects."

LEED, among other rating systems such as Green Globes and the Living Building Challenge, are green rating systems that have been widely adopted across the United States.

Tiwari, who has been involved in the development of about 10 different construction projects following the LEED framework, gave a rundown of a few LEED projects that have happened and that are currently in the works.

"[The] East End is one of our largest construction projects in Wash. U.'s history, which comprises of four buildings and one underground garage," she said. "So that's five projects; four of those

buildings: Weil Hall, Jubel Hall, [Schnuck] Pavilion and Sumers Welcome Center are pursuing LEED certification."

The Danforth and Medical Campuses currently have a combined 21 LEED-certified projects. Parking garages, however, have a different process of certification, called Parksmart. An equivalent to LEED, Tiwari noted that Parksmart is a "specific certification that's meant only for garages that are sustainable and green."

One of Wash. U.'s newest LEED projects, McKelvey Hall on the East End, is going through the process of LEED v4 certification, the most current version of LEED. January Hall is undergoing a similar process.

"January Hall is also one of our first LEED versions for the commercial interiors, which is a different rating system," Tiwari said. "It's complete in terms of construction last year, and we are at the very end phase of the submission for LEED purposes, so it should be certified hopefully in the next few months."

Tiwari noted that all new projects worth over five million dollars must pursue LEED certification, but she hopes to follow the LEED framework in all campus construction. Considering that Wash. U. requires a Silver LEED minimum for certification, nearly all new buildings and significant renovation projects budget over five million dollars.

"We're also looking into standardizing our smaller projects, because there are quite a few small renovations that happen across campus with all the different buildings we have," Tiwari said.

Additionally, Phil Valko,



GRACE BRUTON | STUDENT LIFE

Hillman Hall (TOP) and Seigle Hall (BOTTOM) are two of Washington University's LEED-certified buildings. LEED is a rating system that provides a framework for sustainable building performance.



GRACE BRUTON | STUDENT LIFE

Schnuck Pavilion is one of four East End buildings pursuing LEED certification. Wash. U. currently has 21 LEED-certified buildings.

assistant vice chancellor for sustainability, provided insight into new projects that the Office of Sustainability is currently working on.

"Within the next couple of months, we're going to be opening up the Active Commuter Hub in the Schnuck's Pavilion building," Valko said. "[Basically], it is a transit, bike and pedestrian commuter facility with showers, lockers and a bike parts vending machine. We're really looking

forward to finally opening

that space."

Valko is also working on a new solar installation across Wash. U.'s multiple campuses that is currently concluding its second phase and will make the University a leading solar producer in the area.

"[Many] solar panels [are] being installed on the Athletic Complex, some [are] being installed on North Campus and some [are] being installed on the School of Medicine," he said. "So within the next couple of months, all of that solar will come online.

And once it does, I believe we will be the number one producer of onsite solar in the St. Louis region as an entity."

When asked about who "we" referred to, Valko said, "We, really, as Washington University.

The project has taken many departments to get done, including facilities, including our treasurer's office, our legal team... so, broadly, there are lots of departments working together that I think are very proud that we're hitting this milestone."

## Four socially-minded books to get you thinking during winter break

**JORDAN COLEY**  
STAFF WRITER

Anywhere from one to three weeks from now, depending on when your finals end, you'll get to go home for winter break. You'll have finished the fall semester, which means you'll have a month off from classes, healthier sleep habits and an abundance of free time. What can you do with this newfound freedom? Read!

If you're like me, you rarely have time to read books you actually enjoy during the semester because you're too busy reading 400 pages a week for your classes (the life of a humanities major). So now that the semester is coming to a close, I've created a list of books you can read for leisure this winter.

**"Life of the Party" by Olivia Gatwood**

Olivia Gatwood's debut full length poetry collection is absolutely stunning. In the book's introduction, she writes, "the language of true crime is coded—it tells us our degree of mourning is contingent on the victim's story." In addition to being an investigation into society's obsession with true crime, "Life of the Party" is a chilling and extremely vulnerable coming-of-age narrative. Gatwood fuses her intricate knowledge of true crime with beautifully-worded experiences from her own girlhood, writing lines about adolescence including, "what is more teen girl than not being loved, but wanting it so badly you accept the smallest crumb and call yourself full?" This evocative collection showcases Gatwood's phenomenal work.

**"They Can't Kill Us All: The Story of the Black Lives Matter Movement" by Wesley Lowery**

New York Times reporter Wesley Lowery spent nearly three months on the ground reporting



the events that happened in Ferguson after Mike Brown's murder. In addition to his real-time reporting, Lowery also delineates the trajectory of Black Lives Movement from its inception. "They Can't Kill Us All" is an in-depth and intriguing examination of protest culture, and Lowery even mentions Brittany Packnett, a Washington University alumna.

**"Her Body and Other Parties" by Carmen Maria Machado**

Ironically enough, I know about this book because I read two short stories from it for a class this semester. But from my limited introduction to "Her Body and Other Parties," it seems like a thrilling collection of stories. Machado

uses speculative fiction to critique our society's notions around sexuality, gender and violence against women. As a genre, speculative fiction is titillating in the way that it almost makes sense but leaves audiences searching for just a bit more clarity, and Machado's collection of stories are in line with this generic convention. I'll be reading "Her Body and Other Parties" this winter break, and you should too.

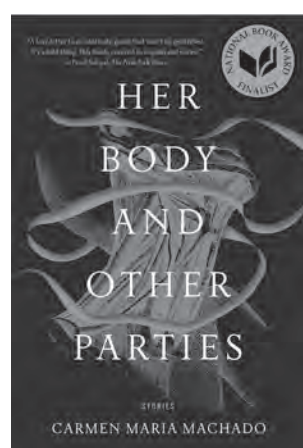
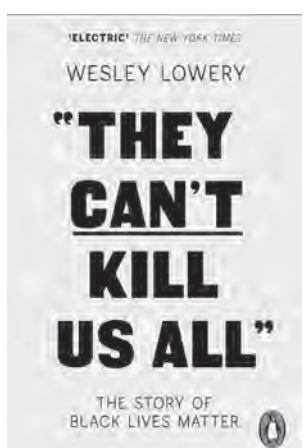
**"They Can't Kill Us Until They Kill Us" by Hanif Abdurraqib**

I read this during winter break last year, and it was by far my favorite read of the break. Released by cultural critic and essayist Hanif Abdurraqib in 2017, "They Can't Kill Us Until They Kill

Us" is a stimulating and beautifully written collection of essays about music and the African-American experience in America. Abdurraqib effortlessly writes about Carly Rae Jepsen, the Obama administration, Bruce Springsteen and his mother's death during his childhood, all in one collection. Abdurraqib's writing is unforgettable, and I'd definitely recommend not



only this book but any of his other works.



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# How to start a family conversation about money

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**Heading back home for the holidays? Not so confident about your current financial situation but also not sure how to improve it?**

## **This message is for you.**

As the holidays approach, many look forward to home cooking, presents and festive decorations, but a family conversation about money? Not so much. Even parents avoid this—TIAA's 2017 Family Money Matters Survey found that only 11% of parents are likely to start a conversation about any financial topic.

It can be difficult to talk to your family about student debt or your budget, but there's no better time to talk about finances than when you're gathered together, can reflect on the past year and make financial plans for the year ahead. Doing so can help you meet your financial goals and maybe even save you money.

As a leading retirement provider for higher education institutions, TIAA helps millions of Americans to achieve financial success, including your faculty and staff. What follows are four fundamental financial topics you can consider discussing with your family this semester break.

## **Earning**

A start to family conversations is making sure everyone understands what earnings are needed to cover basic household expenses, and the impact of working a part- or full-time job.

## **Borrowing**

Whether it's a loan to help finance your education or your first car, understanding how to borrow money is important. You and your family can discuss the importance of building a credit history, how much you can borrow and the various types of loans (and interest rates) available to you.

## **Spending & Saving**

One of the keys to financial health is understanding the concept of putting aside money for both needs and wants. Learn about how investing and compound interest can grow your savings, and talk to your family about how to prioritize expenses and manage spending.

## **Financial Decision Making**

Talk to your family about big financial decisions, such as accepting a job offer, moving out on your own or buying a car. Doing your part to make responsible choices can have a profound impact and influence on other members of your family.

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Additional conversation starters can be found at [TIAA.org/conversations](https://TIAA.org/conversations). Your family is a great starting point, and there are many resources available if you're looking to improve your financial knowledge. TIAA launched a national financial education initiative, TIAA FinSights, designed to give college students the skills to attain lifelong financial success. At [tiaafinsights.org](https://tiaafinsights.org), you'll find short videos, insights from current and former students, and interactive learning modules on financial topics relevant to students—how to budget, protect yourself from identity theft, and understand credit cards and mobile payment options. Take advantage of the time over the holidays to give yourself a stronger financial foundation heading into the New Year.